

Friday 1st March, 2024

Dear Parents/Carers

Soon Ramadan will begin and we wish Ramadan Mubarak to all those who are observing this holy month.

We understand that you may want your child to fast on certain days during this period. Please email info@sitwelljunior.uk or telephone 01709 531867 and speak to a member of our admin staff if you wish your child to fast; without verbal or written confirmation from a parent or carer, we will expect your child to eat and drink during the day.

It is not compulsory for children to fast prior to reaching puberty, however we appreciate and respect the fact that they sometimes want to take part in fasting. In our experience, very young children who are fasting find it difficult to focus during the school day so we ask that you think carefully about whether or not this is the right choice for your child.

Please note, PE is a compulsory National Curriculum subject and we will not withdraw children from lessons on the basis of their fast. Also, if children who are fasting start to feel unwell, we will contact you and encourage them to have something to eat and drink. If your child is fasting, we would ask that you send them to school with some snacks and water just in case they start to feel unwell during the school day.

Please contact the school office if you have any questions or concerns.

Kind regards

J. Dawson

Mrs J Dawson

Headteacher

Sitwell Junior School – Grange Road – Rotherham – South Yorkshire – S60 3LA
01709 531867 / 01709 701210 – www.sitwelljunior.uk – info@sitwelljunior.uk
Head Teacher: Jennifer Dawson – Registered in England – Company Number 09482529