

**Rush is a charitable organisation based in Rotherham, South Yorkshire, that provides a range of accommodation and support services including advice, independent living skills and training to young people aged 16-25.**

**We deliver a range of sessions to our young people, to provide them with the tools to live independently and support their own health and wellbeing.**

**We are seeking donations for the following items:**

**Arts and Crafts Items:**

Paint, paintbrushes  
Any size card, paper  
Blank Canvases any size  
Clay (FIMO, etc.), Tools to model clay  
Washi tape  
Glitter, glitter glue  
Sewing kits  
Any other craft supplies.

**Toiletries/Wellbeing:**

Shampoo, Conditioner  
Female hygiene products  
Toothpaste/brushes  
Hair brushes  
Deodorants  
Throws  
Cushions  
Small photo frames  
Small trinkets/ornaments (suitable for young people)  
Reed diffusers  
Storage baskets/tubs  
Notebooks/pens so young people can journal/doodle to support mental wellbeing.