Thursday 22nd October 2026

Dear Parents and Carers,

Important Update: Benedict's Law, Allergy & Asthma Management and Children's Medical Information

We are writing to inform you about our medical safety practices following statutory national guidelines surrounding Benedict's Law, as well as to share a reminder regarding our procedures for asthma management.

What is Benedict's Law?
Benedict's Law introduces standardised requirements designed to make UK schools safer for pupils living with allergies and medical conditions. The law sets clear expectations to ensure schools prevent allergic reactions (where possible) and are fully prepared to act swiftly in an emergency.

Under Benedict's Law, schools are required to:

- Ensure all school staff receive training in allergy awareness and emergency care.
- Put Individual Health Care Plans (IHCPs) in place for children with serious allergies or medical conditions.
- Store spare emergency Adrenaline Auto-Injectors (AAIs) on site.
- Proactively manage and reduce allergen risks across all school activities, including meals, trips and events.

What We Have Put in Place
The health, safety and well-being of every child at our school are our highest priorities. We want to reassure you that **we already had many of these safety measures and procedures in place**, but we have taken this opportunity to review, update and further strengthen them across our school:

- **Whole-Staff Training:** All teaching, support, administrative and lunchtime staff have completed allergy awareness and emergency response training. Our team is trained to recognise the early signs of allergic reactions, understand anaphylaxis and administer adrenaline auto-injectors confidently in an emergency.
- **Individual Health Care Plans (IHCPs):** We continuously review and update children's Individual Health Care Plans. These plans detail each child's specific medical needs, dietary requirements, emergency contacts and step-by-step treatment instructions.
- **Asthma Care Plans (Reminder):** As many parents will already know, it is our ongoing policy that any child diagnosed with asthma must have an up-to-date care plan from a medical professional (such as their GP or asthma nurse) provided to the school. As a reminder, please ensure we have your child's current plan on file. We also advise that pupils have a spare, labelled asthma inhaler stored at school. We continue to stock emergency inhalers on site for emergency use.
- **Spare AAI's:** In addition to the individual, prescribed medication provided by parents for their child, our school holds spare, unassigned Adrenaline Auto-Injectors for emergency use.

Locations of Emergency Spare AAI's on School Site:

- **Main Reception (Ground floor)**
- **Main Hall (First Floor)**

Keeping Medical Details Up to Date

To ensure our Individual Health Care Plans and emergency procedures remain as effective as possible, we kindly ask all parents and carers to ensure our medical records are complete and up-to-date. Please inform the school immediately if there are any changes regarding your child, including:

- New or changed medical conditions, diagnoses, asthma status or allergies (food, environmental, insect stings or medicines).
- Updated asthma care plans provided by your healthcare provider.
- Changes to prescribed medications, dosages or administration instructions.
- Newly identified dietary requirements or intolerance.
- Updated emergency contact numbers or healthcare provider details.

If your child requires a new or updated Individual Health Care Plan (IHCP), needs to provide or review an asthma care plan, or if you would like to review the medical information we currently hold on file, please contact the school on **01709 531867 or email info@sitwelljunior.uk**

Thank you for your continued partnership and support in keeping our school safe, inclusive and healthy for all children.

Kind regards,

J Dawson

Mrs Jennifer Dawson
Headteacher